Boost Confidence with Test Prep

ACT Webinar
Your Presenters

Allyson Tlacoxolal

Stephanie Jolly
We want to hear from you.
What is Test Anxiety?

• In short, test anxiety is a type of performance anxiety.

• Specific symptoms vary widely and are specific to the individual.

• Some nervousness, though, can be a positive factor in test performance.
What Causes Test Anxiety?

• Feeling unprepared
• Past test performance
• Worry about future college plans
How to Manage Test Anxiety?

• Increase familiarity with the ACT

• Focus on strengths, not weaknesses

• Put the ACT in context

• Seek support throughout the college admissions process
Let's learn a bit more.
Ways to Build ACT Confidence

- Know your starting place
- Complete targeted practice
- Review frequently tested ACT concepts
Free Test Prep Resources

ACT Academy: Because Practice Makes Possible

Absolutely free, personalized practice for the ACT

ACT Academy™ is a free online learning tool and test practice program designed to help you get the best score possible on the ACT test, and well on your way to college and career success. Learn more about ACT Academy.

Start Practicing with ACT Academy
When it Comes to Test Prep, We've Got You Covered

**ACT Rapid Review**
Live, online instruction and on-demand videos.

*About ACT Rapid Review*

**ACT Prep Guide**
Official test prep book from the makers of the ACT test.

*About ACT Prep Guide*

**ACT Online Prep**
Online prep for the ACT—anytime, anywhere.

*About ACT Online Prep*

**ACT Prep Pack**
Bundles the ACT Test Prep Guide with ACT Online Prep.

*About ACT Prep Pack*

Get ACT Rapid Review

Get ACT Prep Guide

Get ACT Online Prep

Get ACT Prep Pack
Questions?
ACT Rapid Review

• Rapid Review Live All-Access - $99
  • Combines live sessions with on-demand videos
  • Most versatile option: study on your own and go to live sessions closer to test day

• Rapid Review Live Bundle - $75
  • Attend any as many live sessions as you want
  • Interactive sessions; get answers in real time

• Rapid Review On Demand - $40
  • 20+ videos covering all topics on the ACT
  • Flexible learning on your schedule
“The teacher kept us engaged and thoroughly explained the answers.”

“I wouldn’t change anything; I learned some new things that helped me on the ACT.”

“It is extremely helpful and does a lot in very little time.”

“She (Stephanie) was so encouraging. I felt extremely confident for the ACT for the first time. I learned some useful tips about taking the test, and I also learned a few different math concepts that I encountered on the actual test.”
Open Q&A
Thank you for attending!

Use Promo Code RAPIDREVIEW20 for 20% off ACT Rapid Review Live